

## ***Energize Without Caffeine***

Good news for those who are looking for an energy drink without adding extra pounds to the body or getting hooked for more and more to drink every day to keep up the energy.

We have a healthy “Ageless Vitality Drink” made from Organic Ashitaba Whole Plant, grown in San Francisco Bay Area by a 76 years old retired microbiologist Linda Hayano, the founder of Natural Health Organic Farm. Ashitaba (Japanese Angelica) is an energizer without caffeine and has twice the antioxidants than green tea.

[www.ashitabagreen.com](http://www.ashitabagreen.com).

In Japan, “Ashita-bar” (juice bar) is set up on major subway stations to provide healthy drinks, 24/7. Ashitaba also aids in sleeping, relieves pains, reduces stress, helps weight control, increases attention span and mental clarity and much more.... Ashitaba Green is an organic, multi-functional super green food. So it will **save you money**, because there would be no need to take so many diet supplements or pills for each symptom. Dr. Howard Peiper, N.D., nominated for a Pulitzer Prize, has written a book titled “*Ashitaba, Nature’s Longevity Herb*”. His book is now available through [www.ashitabagreen.com](http://www.ashitabagreen.com). Please refer it.

Raising health care costs are everybody’s concern. It is easy to suggest –Exercise and Eat Green Food. The reality is many of us are too tired and/or overweight, with no energy and no time to start it. Competition creates pressure and stress, and drains the energy from our body and brain. What can employers do to help their workers in this situation? Give them “Ashitaba Green Break” at coffee break

Ashitaba Green, “Ageless Vitality Drink” is an organic green drink that needs to be served at work places daily. Employees will find out that by taking just one cup (2 grams of Ashitaba) of this drink, their energy level is up all day and it helps them sleep better at night. If they drink 2-3 cups daily for some chronic health problems, they will feel better each day, the health cost will keep going down plus looking healthier and younger (anti-aging effect). So there is a great incentive for employees to take Ashitaba vitality drink daily instead of coffee or other high calorie, or caffienated drinks for energy.

As for employers, this will result in less rate of sick leave, reduction in work injuries, less insurance cost and increase in productivity and profit. It is easy, simple and very cost effective. We also have an Alternative Health Care Program including Herbs, Qigong (gentle deep breathing) and Nutritional Guidance. We can arrange for Qigong healing demonstration and Ashitaba Green vitality sample drink upon employer’s request to show their employees how easy to improve your own health the natural way.

## **STAYING YOUNG and HEALTHY IS NOW A REALITY!**

LET YOUR BODY CLEANSE, NOURISH  
and HEAL ITSELF NATURALLY with

## **ASHITABA**

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